

FOUR STEPS TO FREEDOOM: SELF HEALING WORKSHOPS



ANIKA

Anika is a multi-talented, highly-skilled and broadly-experienced therapist and intuitive healer, and has spent over 30 years facilitating peoples' understanding of the bigger picture of who they are, and showing them how they can heal.

She shares how the invisible world of energy and spirit works and how we can heal our lives on all levels, physical, mental, emotional, energetic and spiritual. Anika has a passion to educate the public as well as therapists of all types, and loves showing people easy options they are not aware of.

She calls it Mastering The Invisible.

Anika Brizuela Biography

Upon entering Kindergarten at age 5,
Anika posed a question to all her new little friends:

“Do you think you are your body, or do you think you have a body?”

This was the question she asked when trying to finding out who believed they were their body, and those who thought they had a body in which their Soul or spirit resided.

Born with deeply spiritual understandings of the world we live in, as well as ourselves as Souls, Anika is recognized as one of the most advanced spiritual leaders of today.

Having suffered many illnesses, and injuries, from her healing using 'invisible' methods; her recoveries hold good news for all of us is: all our lessons can be learned easily, without pain and suffering! She love to teach people how to navigate through life in a wonder-filled, positive and beneficial way, so that life goes from miserable to enjoyable to incredible!

Anika is a dynamic, engaging and entertaining teacher and presenter, and engages easily with people of all cultures, backgrounds and viewpoints. She communicates complex subjects in a simple way that results in easy understanding and many 'Aha!' moments for participants of her talks and workshops. Combining science and spirituality, Anika introduces you to new options for self healing, inspires you to think differently, and empowers you to move through your blocks into healing, happiness and success.

If you are one of the people who belong to the group that want to move past existing to really living and thriving, then Anika's self-awareness and self-healing workshops are for you.

Anika has worked, taught for, and presented amazing talks to small and large groups and companies, such as McDonalds, Platinum Pursuits, Qantas, Special Olympics, and numerous other groups and organisations.

Please contact her on 0468.618.288 to book her for your next personal growth or business gathering.